

After The Call

You Are Not Alone

Please join us the first Tuesday of every month at 5:30 PM to start the process of healing together.

What: Confidential Grief Group for your own personal grief as well as the grief and/or trauma from responding to calls or events.

Who: For current or former first responders

**Why: Shared experience leads to healing.
Facilitated by Dr. Kim Beck-Frate, Halifax Hospice and
Battalion Chief Ret., Glenn East, CRPS-F**

**Location (Hybrid):
VRA Hope Hub Education Center,
454 S. Yonge Street, Suite 3B, Ormond Beach, FL 32174**

**Zoom Link
Meeting ID: 867 4932 1502
Passcode: 872014**

This group is part of the Building First Responders Resilience Program funded by the FL Department of Children and families and LSF Health Systems through a contract with Volusia Recovery Alliance.