



FAMILY EDUCATION RESOURCES, COACHING & SUPPORT

FamilyRx – Recovery for Families

Website: <https://www.family-rx.org>

The 20 Minute Guide

Website: <https://the20minuteguide.com>

MomPower

Website: <https://mompower.org/connect/coaching-courses/>

Parent toll-Free helpline

Website: <https://drugfree.org/article/get-one-on-one-help/>

Suicide Prevention Lifeline

Website: <https://suicidepreventionlifeline.org>

GRASP – Grief Recovery After a Substance Passing

Website: <http://grasphelp.org>

Parents Helping Parents

Website: <https://www.parentshelpingparents.info>

Families Against Narcotics

Website: <https://www.familiesagainstnarcotics.org>

Changing Lives Foundation

Website: <http://www.drug-addiction-help-now.org>

Substance Abuse and Mental Health Services Administration (SAMHSA)

Website: <https://www.samhsa.gov>

NAMI (The National Alliance on Mental Health) Family Support Group

Website: <https://www.nami.org/Find-Support/NAMI-Programs/Nami-Family-Support-Group>