



## **SUPPORT GROUPS FOR FAMILY & FRIENDS**

### **Adult Children of Alcoholics and Dysfunctional Families**

Website: <https://adultchildren.org>

[386-631-7140](tel:386-631-7140)

### **Al-Anon (support for family/friends of persons in recovery)**

Website: <https://al-anon.org>

[888-4AL-ANON](tel:888-4AL-ANON)

### **Nar-Anon (support for family/friends of persons in recovery)**

Website: <https://nar-anon.org>

[800-477-6291](tel:800-477-6291)